Federal law requires able-bodied, childless adults to work or train for 20 hour per week in order to receive food stamps. Adults who decide not to meet these requirements are limited to three months of benefits in any three-year period.

**Applies to:**
- Able-bodied adults with no dependent children

**Exempt:**
- Parents of dependent children
- Individuals physically or mentally unfit for work
- Adults over the age of 50

**AFTER WORK REQUIREMENTS**
- Enrollees go back to work and their incomes more than double
- Their increased incomes more than offset lost benefits
- Their time on welfare is cut in half
Work Changes Lives

What happens when you move people from welfare to work?

Case Load Decline
- 75%
- 90%

Diverse Job Gains
- 650+ different industries

Taxpayer Savings
- $40M
- $50M

New State and Local Revenue
- $5M
- $700K

Incomes More Than Double
- 127%
- 114%